

Kursplan: Rehabilitation

17.05.2021 - 23.05.2021

Montag 17.05.2021	Dienstag 18.05.2021	Mittwoch 19.05.2021	Donnerstag 20.05.2021	Freitag 21.05.2021	Samstag 22.05.2021	Sonntag 23.05.2021
<div style="background-color: #c00000; color: white; padding: 5px; margin-bottom: 5px;">09:15 - 10:00 Allgemeiner Reha-Sp...</div> <div style="background-color: #00b050; color: white; padding: 5px; margin-bottom: 5px;">14:30 - 15:00 Test Corona-Antigen...</div> <div style="background-color: #00b050; color: white; padding: 5px; margin-bottom: 5px;">15:00 - 15:30 Test Corona-Antigen...</div> <div style="background-color: #00b050; color: white; padding: 5px; margin-bottom: 5px;">15:30 - 16:00 Test Corona-Antigen...</div> <div style="background-color: #c00000; color: white; padding: 5px; margin-bottom: 5px;">16:45 - 17:30 Reha-Sport (Yoga 1)...</div> <div style="background-color: #c00000; color: white; padding: 5px;">17:45 - 18:45 Reha-Sport (Yoga 2)...</div>	<div style="background-color: #c00000; color: white; padding: 5px; margin-bottom: 5px;">18:00 - 18:45 Reha-Sport (Wirbel...</div> <div style="background-color: #00b050; color: white; padding: 5px; margin-bottom: 5px;">18:00 - 18:30 Test Corona-Antigen...</div> <div style="background-color: #c00000; color: white; padding: 5px;">19:00 - 19:45 Reha-Sport (Wirbel...</div>	<div style="background-color: #c00000; color: white; padding: 5px; margin-bottom: 5px;">09:30 - 10:15 Allgemeiner Reha-Sp...</div> <div style="background-color: #c00000; color: white; padding: 5px; margin-bottom: 5px;">10:30 - 11:15 Allgemeiner Reha-Sp...</div> <div style="background-color: #00b050; color: white; padding: 5px; margin-bottom: 5px;">15:00 - 15:30 Test Corona-Antigen...</div> <div style="background-color: #00b050; color: white; padding: 5px; margin-bottom: 5px;">15:30 - 16:00 Test Corona-Antigen...</div> <div style="background-color: #00b050; color: white; padding: 5px; margin-bottom: 5px;">16:00 - 16:30 Test Corona-Antigen...</div> <div style="background-color: #c00000; color: white; padding: 5px;">19:00 - 19:45 Rehasport (Wirbelsä...</div>	<div style="background-color: #00b050; color: white; padding: 5px; margin-bottom: 5px;">14:00 - 14:30 Test Corona-Antigen...</div> <div style="background-color: #00b050; color: white; padding: 5px; margin-bottom: 5px;">14:30 - 15:00 Test Corona-Antigen...</div> <div style="background-color: #00b050; color: white; padding: 5px; margin-bottom: 5px;">15:00 - 15:30 Test Corona-Antigen...</div> <div style="background-color: #c00000; color: white; padding: 5px; margin-bottom: 5px;">16:00 - 16:45 Rehasport (Qi Gong).. Wolfgang</div> <div style="background-color: #c00000; color: white; padding: 5px; margin-bottom: 5px;">17:00 - 17:45 Rehasport (Halswirb.. Wolfgang</div> <div style="background-color: #c00000; color: white; padding: 5px; margin-bottom: 5px;">18:00 - 18:45 Rehasport (Einsteig.. Wolfgang</div> <div style="background-color: #c00000; color: white; padding: 5px;">19:00 - 19:45 Rehasport (Fortgesc...</div>	<div style="background-color: #c00000; color: white; padding: 5px; margin-bottom: 5px;">09:15 - 10:00 Allgemeiner Reha-Sp...</div> <div style="background-color: #00b050; color: white; padding: 5px; margin-bottom: 5px;">15:00 - 15:30 Test Corona-Antigen...</div> <div style="background-color: #00b050; color: white; padding: 5px; margin-bottom: 5px;">15:30 - 16:00 Test Corona-Antigen...</div> <div style="background-color: #00b050; color: white; padding: 5px;">16:00 - 16:30 Test Corona-Antigen...</div>		

- Dr. Wolff-Kurs
- Kinder-Reha
- Krafttraining
- Power
- Qi Gong
- Rehabilitationss...
- Sauna
- Spinning
- Step
- Tai Chi
- Trainingsfläche
- Wirbelsäule 1 - ...
- Yoga

Stand: 17.05.2021